

Sermonette

From

Pastor Tony Sifuentes

Bethel Assembly of God Church,

Glen Ullin

You Can Trust Him
“Therefore humble yourselves under the mighty hand of God [set aside self-righteous pride], so that He may exalt you [to a place of honor in His service] at the appropriate time, “Casting all your cares, [all your anxieties, and all your concerns, once and for all] on Him because, for He cares about you [with deepest affection. And watches over you very carefully.” 1 Peter 5:6-7

We find ourselves amid a world that seems to be in constant turmoil. The news headlines are filled with stories of conflict, disaster, and uncertainty. It’s easy to feel overwhelmed, to feel as if the ground beneath our feet is shifting and unstable. But in these moments, we are called to remember a fundamental truth of our faith - that God is our refuge and strength, an ever-present help in times of trouble. Let’s take a moment to quiet our hearts and minds, to set aside the worries and fears that may be weighing on us. Let’s open ourselves to the presence of God, here in this place, in this moment. Let’s invite Him into our hearts, into our thoughts, into our fears and uncertainties. Let’s allow His peace to wash over us, to calm our troubled hearts, to remind us of His unending love and protection.

PRAYER
Dear Heavenly Father, we come before You today with hearts that are heavy and minds that are filled with worry. We see the troubles of the world, the pain and suffering, the uncertainty and fear, and we are overwhelmed. But we know that You are greater than any trouble we face. You are our refuge and strength, our ever-present help in times of trouble. We ask that You would fill us with Your peace, that You would remind us of Your love, that You would strengthen our faith in Your protection. We pray all this in the name of Your Son, Jesus Christ. Amen. We can take God at His word, and we can trust Him to do everything he has promised to do. This is true for two key reasons: The Compassion of God and the Character of God The Compassion of God Webster defines anxiety as a painful or apprehensive uneasiness of mind usually over an anticipated or impending situation or a strong fearful concern The average person’s anxiety is about... 40% on things that will never happen 30% on things that have happened in the past and cannot be changed 12% on criticism of others that are usually untrue 8% on real problems that will have to be faced The beginning of anxiety is the end of faith and the beginning of true faith is the end of anxiety - George Mueller “Worry pulls tomorrow’s clouds over today’s sunshine.” – Charles R. Swindoll Worry is wasting today’s time to clutter up tomorrow’s opportunities with yesterday’s troubles Worry often gives a small thing a big shadow – Swedish Proverb Anxiety does nothing of benefit for our lives and in fact it is detrimental to our lives. Anxiety steals our joy. Anxiety steals our contentment. Anxiety steals our confidence. Anxiety steals our ability to trust God Do you really trust God when life gets anxious? God wants us to cast all our care upon Him because He cares for us. We do not have to be bowed down with burdens and cares because God will bear them for us. Carrying our worries, stresses, and daily struggles by ourselves shows that we have not rusted God fully with our lives. Letting God carry our anxieties calls for action, not passivity. Don’t submit to circumstances; submit to the Lord, who controls circumstances. Peter says to cast all of our anxiety on God. Literally this means that we are to throw every care and every concern

that we have to God. You can throw it all to God because He is always ready to receive. Why should we throw our anxiety to God? God cared enough about you to send Jesus to earth, sacrifice Jesus on the cross for your sins and then raise Him to new life from the tomb to defeat death. If He cares this much, how can we think that our daily lives are without His care as well? God is worthy of our trust, from the big areas of our lives down to the smallest aspects of our daily routine. God can take care of every single aspect of life, and we still trust ourselves more than we trust Him. Do you really trust God when life gets anxious? God wants us to cast all our care upon Him. He does not want us to be worried about anything. He wants us to make our requests known to Him through prayers and supplications with thanksgiving and then the peace of God which passes all understanding will rule our hearts and minds through Christ Jesus. God does not want us to live a restless life without peace. He wants us to enjoy His peace and joy even in the midst of difficult circumstances by making our requests known to Him. Philippians 4:6-7 “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” Imagine never being anxious about anything! That may seem impossible; everyone has worries on the job, at school, or worries about what is going on in the world. But Pauls’ advice is to turn our worries into prayers. Do you want to worry less? Then pray more! Whenever you start to worry, stop and pray. Also take time to listen to what God has to say to you, and thank him for all the good work he has done in your life, in your church, in your community, and in the world. The Character of God “The LORD is a refuge for the oppressed, a stronghold in times of trouble. Those who know your name will trust in you, for you, LORD, have never forsaken those who seek you.” Psalm 9:9-10 Give Him your trust When we feel weak, God is our strength. When we are pressured by life, God is our relief. When we need security, God is our refuge. The full resources of God are at our disposal when we place our trust in Him If you do not place your trust in God, there is no access to His power, His mercy or His love. When trials arise and we go through difficulty; it is then that we must place our trust in God. Let’s be a beacon of hope and assurance in a world that so desperately needs it. Let’s remember that God is our refuge and strength, an ever-present help in times of trouble. Let’s remember that we need not fear, for God is with us. Let God’s peace guard your heart against the anxieties of this world that try to bring you down and keep your focus off Jesus. When we trust God, he gives us a peaceful perspective in a traffic jam, on a difficult phone call, in a troubled relationship, when we are watching the news of what is happening in the world, and even when death draws near. I’m telling you today you can trust Him. “No barrier can hinder Him from pouring out His blessing. He’s enduringly strong, and He’s entirely sincere. He’s God’s Son. He’s the sinner’s Savior. He’s the centerpiece of civilization. When we know that God is in control, we can rest assured that He is working all things together for our good. AMEN Have a blessed week! Pastor Tony Sifuentes

Dakota Gardener: Attract bees to your vegetable garden

By Tom Kalb, Horticulturist NDSU Extension

We need bees to grow a productive vegetable garden. Almost all cucumber, melon, pumpkin and squash flowers require pollination by bees to produce fruit. Without bees, there would be a worldwide shortage of zucchini. A very sad thought, indeed. Tomato, pepper and eggplant flowers do not need to be pollinated by bees, but the vibration of bee wings on their flowers can increase yields. A few bees are not enough. We want lots of bees. Fruit-bearing flowers are generally receptive for pollination for only one day. In many cases, these flowers require multiple visits by bees on that day to produce quality fruit. How can we attract bees to our vegetable gardens? Bees, like every creature, need food. They need food from spring through fall. You can attract bees by growing a mix of flowers that provide nectar and pollen throughout the growing season. Grow your flowers in a nearby plot or intermix the flowers among the vegetable plants. Flowers grown in clusters will be especially visible and attractive to foraging bees. Cosmos, marigolds, sunflowers and zinnias are easy-to-grow annuals and will attract bees. Hardy perennials such as coneflower, blazing star, rudbeckia, sedum and aster will attract bees through the summer until frost. Herbs are a great addition to a vegetable garden. The blooms of basil, bee balm, borage, chives, thyme and sage will draw bees to your garden. Bees, like every creature, need water. Bees get especially thirsty during warm, sunny days. Having a birdbath or something as simple as a shallow tray of fresh, clean water nearby will keep bees coming to



your garden. Place a few rocks in the water to provide bees a place to land on. Bees, like every creature, need a safe shelter. Bee houses filled with hollow tubes will be used by cavity-nesting bees. These bee houses are available online and at many garden centers. Many bees nest in the ground. A patch of dry, bare soil in your yard may attract these bees. You can protect bees by limiting your use of insecticides. Bees are insects, and most insecticides will kill bees. If you see an insect in your garden, identify the insect and make sure it is a pest. Over 90% of the insects in your garden are beneficial or neutral to us. There are only a few troublemakers like aphids and potato beetles. You can take a photo of a mystery insect in your garden and e-mail it to your local NDSU Extension agent or me to identify. If you have an insect pest problem, use a natural insecticide that is less toxic to bees. Neem causes minimal risk to bees. Spinosad has little effect on bees after it has dried. Spray in the evening hours when bees are much less active. Avoid spraying the blooms directly. The recipe for attracting bees to your vegetable garden is simple. Provide them with abundant food, fresh water and safe shelter. These ingredients will lead to a garden that is both beautiful and bountiful. For more information about gardening, contact your local NDSU Extension agent. Find the Extension office for your county at www.ndsu.edu/agriculture/extension/county-extension-offices.

Small acts of kindness will make a difference in our community.

Gartner - Schlatter on NDSCS Spring 2025 President’s Honor Roll

North Dakota State College of Science has recognized 525 students on its President’s Honor Roll for the spring 2025 semester. This distinction is awarded to students who have earned a 3.5 grade point average or higher while completing 12 or more credits with traditional letter grades. The honorees include: Michael Gartner, Auto Body Repair & Refinishing Technology and Braden V Schlatter, Diesel Technology. Michael is the son of Lance and Anissa Gartner and Braden is the son of Terry and Torri Schlatter, Glen Ullin.

“Never judge a person for their mistakes, judge a person on how they fix them.” — Barbara O’Connor

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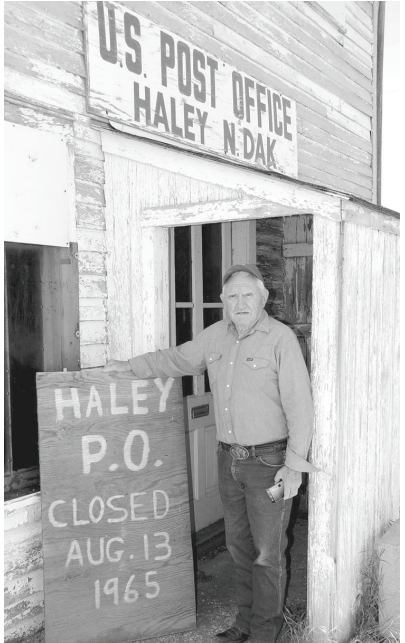
Dakota Attitude

Odell Sabe

Interview: June 15, 2011 County: Bowman City: Haley

Schoolhouse Moves to Town

There was no railroad to Haley when Odell Sabe’s grandfather and his grandfather’s family relocated there. “He brought everything with him from Dickinson,” Odell says of his grandfather. “He made 11 trips to haul his stuff down here with a team of horses and a wagon. The first year they were here, they lived in a tent. My dad always said that if it wasn’t a mild winter, the whole country would have died. They put up a sod house the next year.” Odell attended Haley School, a little prairie schoolhouse located one mile outside Haley. “The teacher at the school was only 18 years old,” Odell recalls. “She lived right in Haley and had to walk up to school every day and build a fire before the kids came to the school. That was pretty tough for an 18-year-old. “The teacher’s father from South Dakota came to visit during Christmas and said, ‘That is enough!’ to her walking to school every day. So the father got a few of the locals and their horses together, put some poles under the school, and moved the school building to the present site in Haley. There was no meeting or complaints, no nothing. They just did it. After Christmas vacation, school was held right in Haley.” Budget restrictions often limited teacher-pay to registered warrants. A teacher could either retain the warrant until the district had enough funds to pay them with money, or the teacher could tender it for whatever value someone else might be willing to pay for it. Katherine Weeks taught school in Haley during this era and generously took students to the store every Friday for a bottle of pop. “Ms. Weeks got \$40 a month and a registered warrant,” recalls Odell. “That was no good unless you could sell it to somebody. She would take it uptown, and the guy at the elevator had a little money and he would give her \$38 for it. Things were tough.” Odell quickly tagged the times as “tough,” but did not think twice about naming Ms. Weeks his “favorite teacher,” either.



(Editor’s Note: The following profiles of North Dakota residents were collected by author James Puppe between 2004-2018, covering 617 subjects and 113,000 miles. He has given permission for his book to be serialized in North Dakota Newspapers at no charge. To find out how you can read the entire collection of Dakota Attitude profiles go to dakotaattitude.com.)

Shop Local

Supporting Small Business Means Supporting the Community

Church organizations, school events, local sports, civic organizations all benefit throughout the year with your support.

HELP WANTED

Hot Stuff Pizza is looking for someone to work in the Pizza Department at Cenex in Glen Ullin. It would be about 2 days per week. Must be able to work every other weekend. Please contact Brian at Cenex to fill out an application.

701-348-3101

HOT STUFF PIZZA

HOT STUFF PIZZA

ADVERTISEMENT FOR BIDS

NOTICE IS HEREBY GIVEN that the Morton County Board of Commissioners, Morton County, North Dakota will accept bids until Tuesday, July 8th, 2025 at 10:00 am (CT). Bids will be opened and read at that time in the conference room at the Morton County Shop located at 2916 37th Street NW in Mandan, ND. Bid results and final disposition will be presented to the County Commission on Thursday, July 10th, 2025 at 5:30 pm (CT) in the Commissioners Room located in the basement of the Morton County Courthouse, for the following item:

Gravel Crushing and Stockpiling

Plans, specifications, and bid documents are available at the office of the Morton County Highway Department, 2916 37th Street N.W., Mandan, North Dakota 58554.

Morton County reserves the right to reject any and all bids, waive technicalities and to accept such as may be determined to be in the best interest of the County.

All bids shall be accompanied by a separate envelope containing a bidder’s bond or certified check in the amount of 5% of the total bid, payable to Morton County as liquidated damages in accordance with section 11-11-28, NDCC, and a copy of the contractor’s license in accordance with section 43-07-12, NDCC.

By Order of the Board of Commissioners, Morton County, North Dakota.
Dawn R. Rhone, Morton County Auditor