



North Star competed in Acalympics

On Tuesday, March 11, 2025 at 10 AM, students from grades 9-12 went to Grafton to compete against other schools. The questions tested the students' knowledge on: Science, Math, English, and Social Studies. This was North Star's first time being in this competition.

Students who attended included Brody P. (12th), Cooper (12th), Cami (12th), Kale (10th), Trenton (10th), and Trevor (10th). All students volunteered to attend Acalympics.

Congrats to our North Star students for receiving fifth place!

My journey to becoming a hospitalist

When I first moved to Brookings, the primary care physicians took care of their own patients in the hospital. We would round on patients in the morning before clinic or try to sneak over during lunch or after clinic. While I loved taking care of patients in the hospital, it was hard to juggle the responsibilities of both giving my attention to the patients in the hospital while seeing people in the clinic. Any time the hospital nurse had a question; my clinic nurse would have to interrupt a clinic visit or wait for me to between patients. This could lead to some less-than-ideal times where I was being pulled in multiple directions at once.

Then about six years ago, the Brookings Health System decided to start a new program where there would be Hospitalist hired. These would be doctors who would just take care of patients in the hospital. Primary Care Physicians in the clinic would follow up after the hospital stay and resume care. This had already been done for several years in Sioux Falls at the Sanford and Avera McKennan. Despite the fact that I was familiar with what a hospitalist was, it was still hard to give up caring for my patients when they were in the hospital. However, I learned to see these Hospitalists as valued colleagues who were giving my patients the time and attention that they deserved. They could give better care and more attention as hospital medicine continues to evolve and advance.

During COVID, I started taking extras shifts to help out in the hospital on weekends. This was a good way for me to keep up my skills for taking care of patients who were sicker than in the clinic. In the clinic, we mainly focus on taking



By Jill Kruse, DO

care of minor illnesses and injuries as well as managing chronic medical conditions and health maintenance visits. I realized that I missed taking care of hospitalized patients and caring for people when they were at their sickest.

When one of the hospitalists left for a new job, I was asked if I wanted to take their place as a hospitalist. After careful consideration of all the pros and cons, I decided to answer the call to this new challenge of being a hospitalist. I am happy to see my former clinic patients, but now it is usually in the grocery store and at the post office. However, it is extra special when I can care for them when they are admitted to the hospital. I embrace this current chapter in my medical career and wonder how it will continue to evolve as medicine changes with time.

Jill Kruse, D.O. is part of The Prairie Doc® team of physicians and currently practices as a hospitalist in Brookings, South Dakota. Follow The Prairie Doc® at www.prairedoc.org and on Facebook, Instagram, and Threads featuring On Call with the Prairie Doc®, a medical Q&A show, 2 podcasts, and a Radio program, providing health information based on science, built on trust, streaming live on Facebook most Thursdays at 7 p.m. central and wherever podcast can be found.

North Dakota quarter design

On this day in 2004, Governor John Hoeven launched the selection process for the design of the North Dakota state quarter. According to Governor Hoeven the state quarter represented a unique opportunity to "share North Dakota's many cultural, commercial and recreational wonders with the rest of the nation and the world."

The 50 State Quarter Program Act, passed by Congress in 1997, authorized the redesign of the reverse side of the U.S. quarter dollar. Each new design would bear images emblematic of each state's heritage, customs and history. Five quarters were to be released each year in the order that the state was admitted to the Union.

When it came time for the design of North Dakota's quarter in April of 2004, a selection commission was organized under the leadership of Lt. Governor Jack Dalrymple. The commission asked all North Dakotans to participate in the design process by writing a narrative discussing how North Dakota should be seen on a national level. By July, Lt. Governor Dalrymple had received nearly 400 narratives, which the selection commission divided into five groups: agriculture, landscape, International Peace Gardens, Badlands and Native American culture.

Based upon these narratives, the selection commission recommended three concepts to the U.S. Mint. From these recommendations, artists from the Mint's Artistic Infusion Program created three concept coins.

Legal Notices

Towner County Commission

REGULAR MEETING MINUTES March 4, 2025	
The Towner County Commissioners met in regular session on March 4, 2025 at 8:00 a.m. in the meeting room of the county courthouse. Chairman Matt Odermann called the meeting to order. Present were Vice Chairman David Lagein, Commissioners Doug Berg, Bob Hallaway and Lance Teubner.	
Agenda:	
Commissioner Teubner moved, seconded by Commissioner Hallaway, to approve the agenda as presented. All Commissioners voted aye, motion carried.	
Minutes:	
Commissioner Lagein moved, seconded by Commissioner Teubner, to approve the minutes of the February 4, 2025 regular meeting. All Commissioners voted aye, motion carried.	
Department reports:	
Road Department – Kevin Rinas: Supervisor Rinas reported that the loader has started to be repaired.	
Sheriff Department – Sheriff Andrew Hillier: Sheriff Hillier reported that the department ran an activity with neighboring agencies (Benson and Ramsey counties, K9 departments, and National Guard), which resulted in some arrests.	
Hillier reported that there is a car in the County's possession that will have some equipment to remove from the vehicle before selling.	
No additional deputies have been hired. The SRO position is going well.	
Facilities Maintenance – William Voight: Supervisor Voight reported that the building design is going well. The initial draft came in at approximately 23,950 square feet at an estimate of \$10.775 million. The square footage has been reduced at the second meeting to approximately 13,500 square feet. This amount will need to increase a little to account for missing storage. After discussion, the commission decided that it is not cost effective to include a daycare, as the capital outlay for a daycare portion is over \$2 million.	
Voight reported that the boiler continues to work well. He will be working to slow the burners down for the coal to be burnt more completely.	
Visitors and Delegations:	
Old Business:	
New Business:	
State's Attorney Update	
State's Attorney Josh Frey updated that he has been offered the State's Attorney position in Nelson County. SA Frey requested that the Commission approve his serving in Towner County and Nelson County.	
Commissioner Teubner moved, seconded by Commissioner Hallaway, to approve the resolution which allows for State's Attorney Frey to serve in both Towner County and Nelson County. Upon a roll call vote, motion passed with no dissents.	
Abatement Application – Theodore Bjornstad	
Commissioner Berg moved, seconded by Commissioner Lagein, to approve the abatement application as presented. All Commissioners voted aye, motion carried.	
Sheriff's Department Sale	
No action considered necessary at the current time.	
Off-Site Liquor License – Cando Bar	
Commissioner Hallaway moved, seconded by Commissioner Lagein, to approve the off-site liquor license application as presented. All Commissioners voted aye, motion carried.	
Step Increases	
Auditor Reimer presented two different calculations on step/longevity increases. She presented the different options and explained the rationale behind the proposal. After significant discussion, Commissioner Hallaway moved to apply the 10% over life step increase to the 2026 budget. Motion died for lack of a second. After further discussion, the Commission directed Auditor Reimer to prepare a study to for the 2026 budget to include the 10% over life step increase calculation.	
Auditor's Report:	
Capital Projects Financing	
Auditor Reimer presented the Capital Projects levy up to a limit of 10 mills. After discussion, the Commission directed Auditor Reimer to include this levy, not at the mill limit, in the 2026 budget calculation.	
Miscellaneous	
DMV Branch: Auditor Reimer presented that she had looked into the Towner County Courthouse becoming a DMV branch, but at the current time, the North Dakota Department of Transportation/Motor Vehicles is not looking to expand. Towner County is now on a list of interested locations should a new branch opportunity become available.	
County Awareness Month: Auditor Reimer reported that April is County Awareness month. In 2024, Towner County did not do anything to commemorate the month. A	

county-wide breakfast has been done in the past. Commissioner Hallaway and Commissioner Lagein agreed to assist with a county breakfast.; courthouse tours, etc.

Year to Date Financial Review	
Auditor Reimer presented the current, unrestricted cash balance as of February 28, 2025 was \$7,865,429.05. Auditor Reimer noted that since opening the sweep account with Bravera Bank at the beginning of February, the County has earned approximately \$1,200 in interest.	
Monthly Bills	
Commissioner Hallaway moved, seconded by Commissioner Lagein, to approve the bills as presented. Upon on a roll call vote, motion passed with no dissents.	
21591 A & W STANDARD	103.60
21592 ADVANCE BUSINESS METHODS	135.15
21593 ALL SEASONS	
WATER USERS ASSOC	48.75
21594 BOB HALLAWAY	60.00
21595 BUTLER MACHINERY	117.31
21596 CAMERON BECK	69.00
21597 CANDO HOME & HARDWARE	50.46
21598 CAVALIER COUNTY	1,185.94
21599 CITY OF BISBEE	93.04
21600 CITY OF CANDO	656.92
21601 CITY OF ROCK LAKE	124.00
21602 D & R TIRE & REPAIR	42.00
21603 DAVID LAGEIN	100.60
21604 DERIK SAMUELSON	1,343.16
21605 DORIS GREENWOOD	9.57
21606 FERRELL GAS	263.77
21607 H E EVERSON COMPANY	25.90
21608 HACTC	52.74
21609 HOUTCOOPER IMPLEMENT	53.26
21610 ICON ARCHITECTUAL GROUP	5,234.50
21611 INFORMATION TECHNOLOGY DEPT	979.60
21612 JASON PETERS	96.40
21613 LEGACY BISBEE STATION	7,291.80
21614 LEONARD MARTIN	123.00
21615 LERETA LLC	2,208.51
21616 LINDY BERG	38.50
21617 MANNING NAVCOMP INC	367.20
21618 ND LEAGUE OF CITIES	60.00
21619 ND STATES ATTORNEY ASSN.	400.00
21620 NDACO	
RESOURCES GROUP	7,843.58
21621 NORTH DAKOTA TELEPHONE CO	806.93
21622 NORTHERN PLAINS ELECTRIC	4,406.20
21623 OTTERTAIL POWER CO	253.05
21624 PHARMICHEM INC	63.90
21625 POMPS TIRE SERVICE, INC	131.66
21626 ROLETTE COUNTY SHERIFF'S OFFICE	1,190.00
21627 TOWNER COUNTY	87,568.38
21628 TOWNER COUNTY RECORD HERALD	265.20
21629 TRACY ROCHE	302.00
21630 UNITED TELEPHONE	305.98
21631 VANGUARD APPRAISALS INC	3,525.00
21632 WHITMORE, INC	1,185.00
21633 WILLIAM HARKNESS	81.00
21634 TOWNER COUNTY	150,904.65
21635 ADVANCE BUSINESS METHODS	517.14
21636 BELLE TRUCKING	8,975.06
21637 BUTLER MACHINERY	34,792.50
21638 DEPARTMENT OF TRANSPORTATION	582.46
21639 DORIS GREENWOOD	49.00
21640 FIRST STATE INSURANCE	12.00
21641 H E EVERSON COMPANY	538.05
21642 HACTC	3,420.00
21643 JASON SVIR	625.00
21644 KENDALL BREHM	49.00
21645 LINDE GAS & EQUIPMENT INC	166.17
21646 LORI BECK	72.00
21647 Marco	136.77
21648 ND DEPT OF HUMAN SERVICES	100.00
21649 NDACO	
RESOURCES GROUP	2,069.01
21650 NORTH CENTRAL PEST CONTROL	375.00
21651 PAMELA DYBING	69.35
21652 QUILL, INC.	123.14
21653 THE PIFER GROUP	21.84
21654 THEODORE BJORNSTAD	440.74
21655 TIM PETERSON	371.00
21656 TOWNER COUNTY	83.80
21657 TURTLE MOUNTAIN COMMUNICATIONS	47.98
21658 UNDERGROUND VAULTS & STORAGE	219.00
21659 VISA	915.50
21660 ASURE SOFTWARE	1,188.00
ACH VERIZON WIRELESS	640.63
ACH ENTITY PAYMENT	1,496,052.23
ACH PITNEY BOWES	
GLOBAL FINANCIAL SERVICES	502.25
ACH PAYROLL	109,566.12
ACH ND PERS BC/BS - HEALTH INSURANCE	16,406.50
ACH ND PERS LIFE INSURANCE	389.14
ACH COLONIAL LIFE	1,515.26
ACH ND PERS RETIREMENT	23,988.37
ACH ND PERS DEFERRED COMPENSATION	6,304.54
ACH US DEPT OF THE TREASURERY - FICA	35,383.44
ACH ND STATE TAX COMMISSIONER - ND W/H	1,531.00
ACH JP MORGAN CHASE	2,395.57
	2,030,801.77

Meeting Schedule:
The next meeting was set for April 8, 2025.
The meeting adjourned by motion.
ATTEST:
Matt Odermann
Commission Chairperson
Mindy S Reimer
Auditor/Treasurer

April 12, 2025

CLASSIFIEDS

HELP WANTED

Towner County Ambulance now hiring EMTs and Paramedics. Full and part-time available. 12 and 24 hour shifts available. Opportunity for advancement. Looking for volunteer drivers. Interfacility transfer incentive available as well!

North Star Public School seeks Teacher (elementary) in Cando, ND. Responsible for creating & executing lesson plans. BA in Education (or closely related). Eligible for ND teaching license. Email aimee.zachrisson@k12.nd.us

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MISC.

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Prayer to the Blessed Virgin

Oh, most beautiful flower of Mount Carmel, fruitful vine, splendour of Heaven. Blessed Mother of the Son of God; Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity (Make request). There are none that can withstand your power.

Oh, Mary, conceived without sin, pray for us who have recourse to thee. (3 times)
Holy Mary, I place this prayer in your hands. (3 times)
Say this prayer for three consecutive days and then you must publish and it will be granted to you in full. Thanks

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*2024 North Dakota State Study, Conducted by Coda Ventures

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