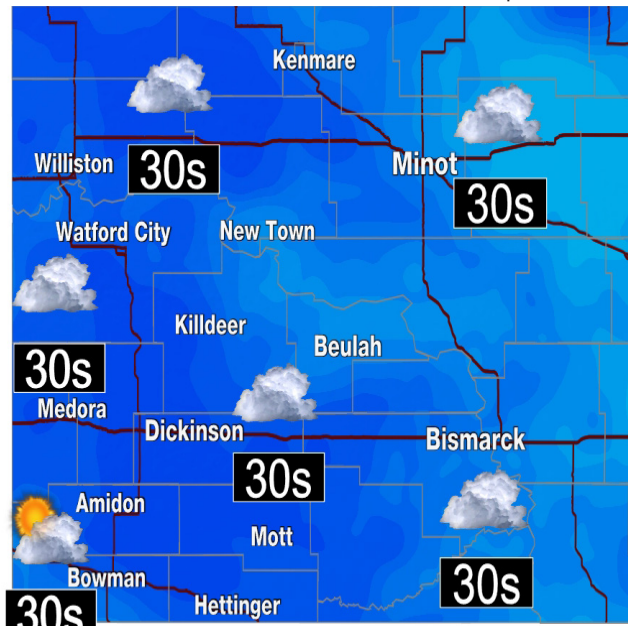


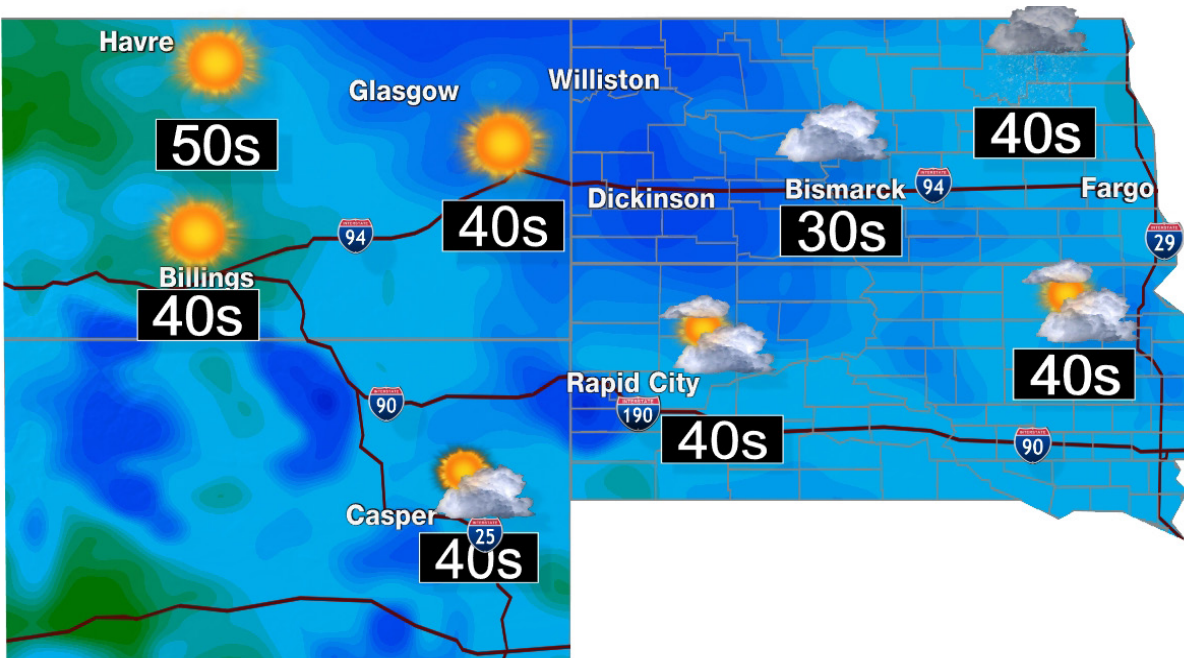


Cloudy skies and cold today with highs in the upper 30s. Sunny and warmer this weekend.

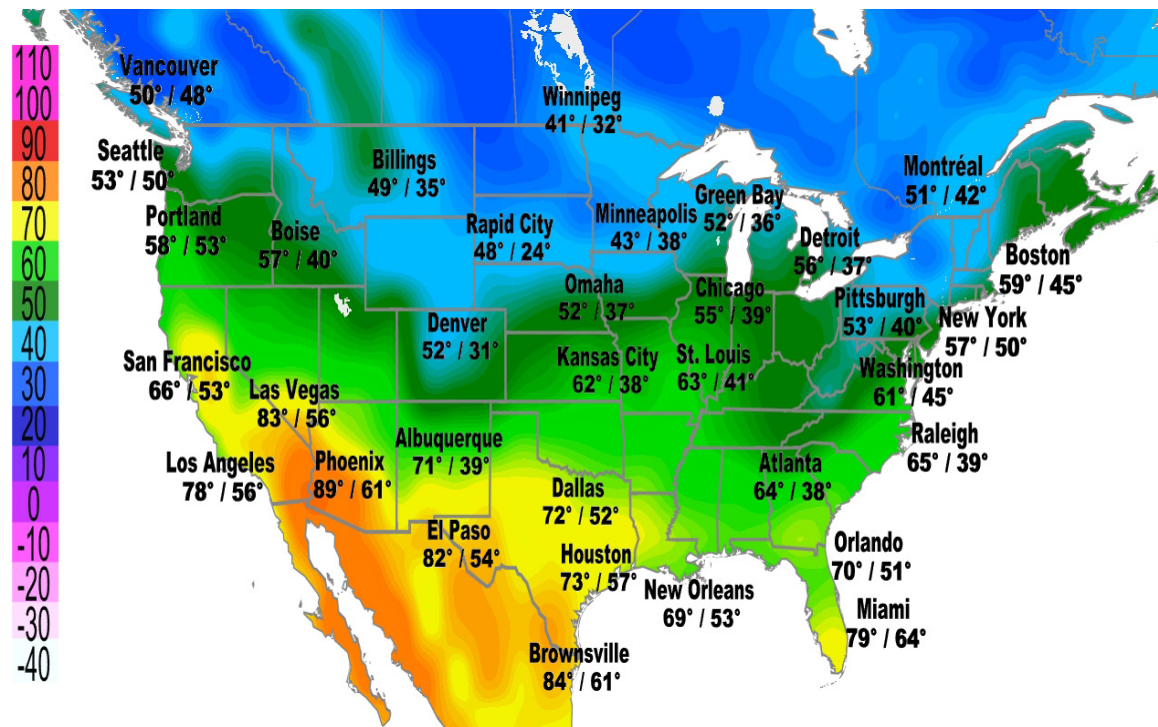
Sunrise: 7:32 a.m. Sunset: 5:36 p.m.



*Average wind speed for each day



Regional Weather	Today		Tomorrow		Regional Weather	Today		Tomorrow	
	Hi	Lo	Hi	Lo		Hi	Lo	Hi	Lo
Billings, MT	49	35	64	48	Havre, MT	52	34	70	44
Bismarck, ND	39	28	46	37	Miles City, MT	44	26	61	45
Casper, WY	48	25	61	47	Rapid City, SD	48	24	59	35
Fargo, ND	42	34	45	37	Sioux Falls, SD	44	34	44	31
Grand Forks, ND	42	33	44	38	Williston, ND	39	26	52	42



Today is the 304th day of 2025 and the 40th day of autumn.

TODAY'S HISTORY:
In 1517, Martin Luther nailed his "Ninety-Five Theses" on the door of the Castle Church in Wittenberg, Germany, in protest of the selling of papal indulgences.

In 1926, magician Harry Houdini died of complications from a ruptured appendix.

In 1941, the Mount Rushmore National Memorial in Keystone, South Dakota, was declared complete.

In 1957, Toyota Motor

Sales USA Inc. established its first American headquarters in Hollywood, California.

In 1984, Indian Prime Minister Indira Gandhi was assassinated by two bodyguards.

TODAY'S BIRTH-DAYS: John Keats (1795-1821), poet; Juliette Gordon Low (1860-1927), Girl Scouts founder; Chiang Kai-shek (1887-1975), Chinese/Taiwanese leader; Dale Evans (1912-2001), actress/singer-songwriter; Dan Rather (1931-), TV journalist; Michael Landon (1936-1991), actor; John Candy (1950-1994),

actor; Jane Pauley (1950-), TV journalist; Nick Saban (1951-), football coach; Peter Jackson (1961-), filmmaker; Dermot Mulroney (1963-), actor; Vanilla Ice (1967-), rapper; Piper Perabo (1976-), actress; Letitia Wright (1993-), actress.

TODAY'S FACT: An outspoken critic of clerical celibacy, Martin Luther married Katharina von Bora, a former nun, in 1525. They had six children together.

TODAY'S SPORTS: In 1950, Earl Lloyd became the first African American to play in an NBA

game.

TODAY'S QUOTE:
"You are always new. The last of your kisses was ever the sweetest; the last smile the brightest; the last movement the grace-fullest." — John Keats

TODAY'S NUMBER: 7 billion — estimated population of the world on Oct. 31, 2011, which was officially designated the "Day of Seven Billion" by the United Nations Population Fund.

TODAY'S MOON:
Between first quarter moon (Oct. 29) and full moon (Nov. 5).

ARIES (March 21-April 19)
Emotional choices will be costly. Digest what's happening and approach institutions, agencies or support groups that can offer tangible options. Work in unison with those close to you or those who are experiencing a similar situation.

TAURUS (April 20-May 20)
Participation will lead to gratitude and insight into making a difference. Choose to offer hands-on help over donating money. What you gain by becoming part of the solution to something that concerns you will be uplifting and encourage special relationships.

GEMINI (May 21-June 20)
You'll crave change, but your emotions will make you waffle. Refuse to let what those close to you do or say stand between you and what you want to achieve. Focus on self-improvement.

LIBRA (Sept. 23-Oct. 22): Stay calm, put your emotions aside and focus on your words and what you are trying to achieve. Communication can determine your success, and a reserved and knowledgeable account of what you want is your rite of passage.

SCORPIO (Oct. 23-Nov. 21): Socializing will spark your imagination and set you on a creative journey. Put your emotions aside to make room for exploring possibilities and gaining insight into diversifying your skills, knowledge and experience.

SAGITTARIUS (Nov. 22-Dec. 21): Build strong relationships with open and honest communication. How you present what you want and what you expect in return will determine the outcome. Invest time, money and energy into your lifestyle.

been used for multiple truckloads of shelf-stable food, including fruits, vegetables and proteins, which will go to food pantries as early as next week, Molbert said. The food bank also plans to create additional mobile food pantry routes and pop-up food pantries throughout November.

The money for WIC, which provides nutrition assistance for low-income women with children up



to age five, ensures the program is funded through the rest of November, said interim Health and Human Services Commissioner Pat Traynor.

"We should absolutely make sure there's no hunger with that program," Traynor said. "That program has been absolutely fortified to make sure there's no hunger with that program."

Armstrong said tapping the Health and Human Services contingency funding uses resources already available to deploy services, without new appropriations or moving money from line items.

“We don’t know if we’re getting refunded by the federal government, and quite honestly, we don’t care right now,” Armstrong said. “This is about deploying this stuff out and getting it out.”

He encouraged North Dakotans to donate their time or money to food banks and other organizations that help people. Molbert suggested people reach out to local food pantries to see if they need volunteers to help with increased traffic and amount of food.

While SNAP benefits will run out if the shutdown continues after Nov. 1, a North Dakota program to provide free

and reduced-price lunches for North Dakota students will not be affected, North Dakota Department of Public Instruction Superintendent Kirsten Baesler confirmed Thursday. While families who qualify for SNAP are automatically eligible for free or reduced-price school meals, the meals are separate from SNAP.

Students who qualify for the meals will continue to get them for the remainder of the school year, the statement said.

North Dakotans with questions about nutrition programs like SNAP or WIC can call Health and Human Services at 701-328-1000.

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— First Amendment of the United States Constitution

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