

**Newspapers**

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continue doing the work people value so highly.”

That disconnect between valuing newspapers and being willing to support them through subscriptions or donations is something that needs to be tackled by both the newspapers themselves and the communities they serve if their survival is to continue.

“People aren’t seeing newspapers as a business like they see their hardware store as a business, and they may not be aware of their struggles,” said Ellen Huber, rural development director for NDAREC.

“We talk a lot about retaining and growing other kinds of businesses in the state, but I don’t think anyone has thrown newspapers in that bucket of important, vital businesses, and ones that are worthy of focusing on, retaining and strengthening and growing,” Huber said.

The real value of local newspa-

pers needs to be better communicated to the wider public, participants in the initiative said.

“People think it should be free,” Schoch said. “I think people forget about us. People forget about it until they really need us.”

**Piloting real action**

The next step for the initiative is taking forward several pilot projects centered on succession planning, exploring new revenue models, providing print and digital samples for the next generation of news consumers, and developing readymade promotions and content that can be adopted statewide.

Whether those have a deep impact or not depends on securing grant funding to take them forward, Wehrman said.

The hope is that these don’t become moonshots, but practical, replicable interventions.

One of the most immediate con-

cerns is the succession planning component, since so many independent publishers are close to retirement age.

Currently, while group-owned newspapers show stronger margins and sustainability, independent, family-owned papers are under pressure from owners nearing retirement, the high cost of printing and distribution, and the heavy reliance on revenue from public notices.

Younger journalists are interested in taking over the reins of these papers, but are constrained by a lack of training and the need for financing to sustain operations, the research found.

“Succession planning is something that we need to offer newspapers, because there is an urgent need for newspapers to change hands,” Wehrman said.

Another aspect those involved in the initiative hope can gain traction

is to meet demands of news consumers, particularly younger Gen Z and Millennial ones, for both digital and print versions of a newspaper.

Offering samples of those to non-subscribers may be one way to boost circulation.

“I think there’s a lot of optimism coming out of this about all of the different ways the data gathered for this can be used, and a lot of excitement about the positive momentum going forward,” Huber said.

*The North Dakota News Cooperative is a non-profit news organization providing reliable and independent reporting on issues and events that impact the lives of North Dakotans. The organization increases the public’s access to quality journalism and advances news literacy across the state. For more information about NDNC or to make a charitable contribution, please visit [newscoopnd.org](http://newscoopnd.org).*

**Medicare**

(Continued from Page 2)

to hire help for bathing, dressing or getting out of bed, Medicare typically won’t cover these costs either, unless you are homebound and are also receiving skilled nursing care. Housekeeping services, such as shopping, meal preparation and cleaning are not covered either unless you are receiving hospice care.

**Adult diapers:** Medicare does not cover the cost of adult diapers or other incontinence supplies. These items are considered to be for personal hygiene rather than medical treatment.

**Overseas coverage:** In most cases, health care outside of the United States is not covered by Medicare except for very limited circumstances – such as on a cruise ship within six hours of a U.S. port.

The best way to find out what

original Medicare covers is to talk to your health care provider, visit [Medicare.gov/coverage](http://Medicare.gov/coverage) and type in your test, item or service, or download the Medicare “What’s covered” app on the App Store or Google Play.

Also keep in mind that even if Medicare covers a service or item, they don’t pay 100 percent of the cost. You will have to pay a monthly Part B premium (which is \$202.90 for most beneficiaries in 2026) and unless you have supplemental insurance, you’ll have to pay your annual deductibles and copayments too. However, most preventive services are covered 100 percent by Medicare with no copays or deductibles.

Send your questions or comments to [questions@savvysenior.org](mailto:questions@savvysenior.org), or to Savvy Senior, P.O. Box 5443, Norman, OK 73070.

**Heating assistance available**

In recognition of National Energy Assistance Day on Feb. 2, North Dakota Health and Human Services (HHS) and the North Dakota Department of Commerce are encouraging North Dakotans who need help keeping their homes warm to apply for the Low Income Home Energy Assistance Program (LIHEAP).

Over the last year, LIHEAP helped an average of 37,000 North Dakotans by providing \$15.3 million in home energy assistance, with an average monthly household benefit of \$161. During the heating season alone, the program assists more than 36,500 people a month.

Through LIHEAP, North Dakotans can receive assistance to help pay for energy costs. The program also provides weatherization services, which include home insulation and weather stripping around doors and windows, furnace cleaning, repair or replacement, and chimney inspection and cleaning. Both homeowners and renters can apply for LIHEAP.

Beginning in 2025, HHS moved to a year-round LIHEAP application process for regular benefits. Before this change, households could only apply during set time periods and were required to submit a new application each year.

“The year-round application helps prevent utility disconnections, reduces the need for emergency services and supports household health, employment continuity and the overall well-being of families,” HHS Economic Assistance LIHEAP Administrator Joshua Haugen said.

Emergency assistance is also available year-round to help with unexpected financial hardships, providing support for furnace replacements, preventing shutoffs and disconnects, and helping households cover the costs of temporary heating or cooling devices. Households should not wait for an emergency to apply for LIHEAP.

To support continued awareness and access to energy-related resources, Commerce’s Office of Community Development and Rural Prosperity will host Community Services Virtual Office Hours on March 10 at 1 p.m. CT. This free, one-hour session will focus on weatherization, LIHEAP and energy assistance resources, giving partners and community members the opportunity to connect directly with Commerce staff, ask questions and learn more about programs that help reduce energy costs and improve home energy efficiency. Learn more and register at [officehoursweatherization.eventbrite.com](http://officehoursweatherization.eventbrite.com).

Individuals can apply for LIHEAP and other assistance online at [hhs.nd.gov/applyforhelp](http://hhs.nd.gov/applyforhelp), locally at a human service zone office or by mail.

Individuals who need help applying for LIHEAP should contact Community Options. As a partner agency of HHS, Community Options provides free application assistance, which includes help collecting needed documents, and filling out and submitting the application. To request LIHEAP application help, contact Community Options toll-free at (800) 823-2417, 711 (TTY).



**Bowling Results**

<b>Gopher League</b> 1-26-26	<b>Whale League</b> 2-1-26
First State Bank.....64	Legacy Cooperative .....53.5
Farmers Union Oil D.L.....55.5	Goeser Seed .....51.5
Corrigidor Bar .....54	Country Lanes .....37.5
Cando Bar .....49	4U Custom Apparel .....17.5
Mikkelsen Brothers.....49	
Northern Plains Electric..45.5	
D&R Tire & Repair.....45.5	
Ace Hardware.....37.5	
<b>HIGH GAME:</b>	<b>HIGH GAME:</b>
Lance Teubner.....267	Amber Svenningsen .....190
<b>HIGH SERIES:</b>	Chad Rinas.....249
Todd Curtis .....673	<b>HIGH SERIES:</b>
	Kari DuPreez .....488
	Chad Rinas.....717

**North Star releases honor rolls**

<b>A - Honor Roll</b>	Avery E, Trenton W, Neela D, Kale P, Danika C
7th Grade: Timur T, Athena R, Charlee B, Gracie F, Jake H, Lia P, Harlee C,	12th Grade: Karlee G, Sean F, Ashley N, Claire W, Annabelle S, Lucy P, Leah
Breyson C, Evan H	W, Levi B, Dylan O, Myles J
8th Grade: Gage M, Genevieve A, Mila C, Eli H, Sapphira L, Addysin A,	<b>B-Honor Roll</b>
Blake N, Abigail S, Peyton G, Oakley H, Haley K, Curtis W, Tatum E, Kylee	7th Grade: Maria H, Emma O, Saige M, Tenley B, Connor J, Jax V
M, Anna W, Rachel H, Pearl T	8th Grade: Temperance L, Alayna V, Ryder W
9th Grade: Ezra H, Sophie G, Claire J, Kyler S, Emrie D, Syllas H	9th Grade: Kinley D, Lily C
10th Grade: Evan K, Kendra S, Rylen A, Ian W	10th Grade: Craig E, Easton P, Brian K, Leighton M
11th Grade: Luke A, Trevor B,	11th Grade: Brady S
	12th Grade: Hunter H, Tegan C, Braxten K

**Tree of Lights**

In Memory of Timothy James Holien & Mary Christine Holien Wilcox, from Dan Holien.

**PUBLIC NOTICES**

A public notice is information informing citizens of government activities that may affect the citizens’ everyday lives. Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

**Record Herald’s Hours:**

**T-Th: 10a.m. to 5p.m. • M&F: No set hrs/By appt**

**If you need assistance prior to or after those hours, call 701-477-6495.**

**Closed Holidays & Weekends**

**Valentine’s Day has a long history**

By Kaloni Lang  
Of the Record Herald

Valentine’s Day hasn’t always been about chocolates and cards.

A long time ago, people in ancient Rome celebrated a festival in February about spring and new beginnings. Later, people connected it to Saint Valentine, who was known for helping people and showing kindness.

During the middle ages of the 1800s, Valentine’s cards became popular. People sent sweet messages and small gifts.

By the 1900s, stores began selling cards, candy, flowers, and chocolates. Valentine’s Day became a big holiday for shopping and gift-giving.

Today, Valentine’s Day is not just for couples. Kids make Valentine Boxes to exchange Valentines at school, and friends celebrate together, and families share special meals. It’s now a day to show love and appreciation to everyone in your life.

Valentine’s Day has changed from an old tradition into a modern day about caring, kindness, and connection. Valentine’s Day hasn’t always

been about chocolates and cards.

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Today, Valentine’s Day is not just for couples anymore, it’s also a great excuse to spoil your kids with a little gift. Young kids make Valentine Boxes to exchange Valentines at school, and friends celebrate “Galentine’s Day.”

Overall, Valentine’s Day has grown from ancient tradition into a modern celebration of love in all its forms. Whether it’s a simple card, time spent with loved ones, or a small act of kindness, the holiday now focuses on connection and appreciation. Happy Valentine’s Day!

**North Dakota gives town back to Montana**

February 9, 2026 – On this date in 1966, word came from Bismarck that a North Dakota town was going to be given back to Montana.

At the time, Westby was a town of about 300 people. The residents were used to thinking they were from Montana, but between 1963 and 1966, the official state map of North Dakota showed it as belonging to North Dakota. Montana, however, maintained that Westby folks were still part of Big Sky country, and no emergency meetings were held.

The problem stemmed from out east – Minneapolis, to be exact. An

**Dakota Datebook**  
By Merry Helm

official state “base map” is made for North Dakota about every 4 years. The firm that held the map-making contract was out of Valley City, but they sublet the contract to a firm in Minneapolis.

Douglas Walby, the chief draftsman for the North Dakota Highway Department, acknowledged the mis-

**Montana**  
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**Please support your local merchants!**

**Pre Super Bowl Pizza and Policies**

**Sunday, February 8, 2026**

Meet Cando’s own candidate for U.S. Congress Alex Balazs. Ask tough questions and have some pizza before the big game! And enter to win a door prize!

11:30 AM to 1 PM at the Masonic Lodge at 313 6th St. in Cando. See you there! For more information go to [alexfornorthdakota.com](http://alexfornorthdakota.com)

*Paid for by Alex Balazs*

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**City of CANDO Bids Requested**

The City of Cando is now accepting sealed bids for a minimum bid of \$500.00 for the following property: City of Cando, Cando Original, Block 11, Lot 1 & N 5’ Lot 2, also known as 304 4<sup>th</sup> Ave. Condition of the sale is House must be demolished and site cleaned within a year; water/sewer capped by licensed plumber, all debris and concrete removed. This property is being sold as is, no warranty or guarantee.

Bids may be submitted to the City of Cando Office at 502 Main Street or mailed to City of Cando, PO Box 396 Cando ND. Please write Bid for City of Cando, Cando Original, Block11, Lot1 & 5’ Lot 2 on the envelope. **All bids whether submitted in person or mailed in are due on Thursday, Feb 12, 2026, by 4:00 p.m.**

**ANY BIDS RECEIVED AFTER THAT DATE AND TIME WILL NOT BE ACCEPTED**

The bids will be opened during the regular Council Meeting of the City of Cando on Tuesday, Feb 17, 2026.

*The City has the right to reject any or all bids.*

**Contact Us With Your 2026 Building Plans!**

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